

Blue Jean Swing

Choreographed by Dan Albro

Description: 32 count, beginner east coast swing partner/circle dance

Music: Cowboy, Cowboy by Brooks & Dunn [CD: Cowboy Town]
That's My Story by Collin Raye [140 bpm / Extremes]
Whiskey Under The Bridge by Brooks & Dunn [144 bpm / Greatest Hits]
Honky Tonk Crowd by Rick Trevino [152 bpm / Rick Trevino]
your favorite ECS song

Position: Closed Social Position, man facing LOD Start dancing on lyrics

EAST COAST SWING BASIC

MAN

1&2 Chassé side left, right, left
3&4 Chassé side right, left, right
5-6 Rock left back, recover to right

LADY

1&2 Chassé side right, left, right
3&4 Chassé side left, right, left
5-6 Rock right back, recover to left

EAST COAST SWING LADY'S UNDERARM ¾ TURN

MAN

1&2 Chassé side left, right, left
3&4 Turn ¼ left and step side right (turning lady under left arm), step left together, step right to side
5-6 Rock left back, recover to right (pick up lady's left hand in your right)

LADY

1&2 Step right to side, step left together, turn ¼ right and step forward right (traveling toward the center)
3&4 Turn ¼ right and step side left, step right together, turn ¼ right and step left back
5-6 Rock right back, recover to left (pick up man's right hand)

SIDE STRUTS (MAN FACING ILOD, LADY FACING OLOD)

1-4 **MAN:** Touch left toe side, drop left heel, touch right toe side, drop right heel
LADY: Touch right toe side, drop right heel, touch left toe side, drop left heel

8 COUNT (TOE, HEEL) STRUTTING WEAVE TRAVELING FLOD

MAN

1-4 Cross left toe over right, drop left heel, touch right toe side, drop right heel
5-8 Touch left toe behind right, drop left heel, touch right toe side, drop right heel

LADY

1-4 Cross right toe behind left, drop right heel, touch left toe side, drop left heel
5-8 Cross right toe over left, drop right heel, touch left toe side, drop left heel

This 8 count can be done facing each other or with ¼ turns for some extra styling

ROCK, REPLACE, 2 SHUFFLES BRINGING LADY HOME, ROCK, REPLACE

MAN

1-2 Rock left back, recover to right (drop right hand & lead lady with left hand)
3&4 Turn ¼ right and step left together, step right together, step left together
5&6-7-8 Step right to side, step left together, step right to side, rock left back, recover to right

LADY

1-2 Rock right back, recover to left (prepping for ¾ turn left toward outside)
3&4 Turn ¼ left and step side right, step left together, turn ¼ left and step right back
5&6-7-8 Turn ¼ left and step side left, step right together, step left to side, rock right back, recover to left
Pick up man's right hand lady's left hand on count 6, drop on count 8 going into Closed Social Position

REPEAT