It Hurts
Choreographed by Kathy Chang & Sue Hsu
Description: 48 count, 4 wall, beginner/intermediate line dance
Music: It Hurts by Lena Philipsson

RIGHT TOE TOUCHES FRONT & SIDE, RIGHT SAILOR STEP, LEFT FORWARD, ½ PIVOT RIGHT, LEFT SHUFFLE FORWARD
1-2  Touch right toe forward, touch right toe side
3&4  Cross right behind left, step left side, step right forward
5-6  Step left forward, ½ pivot right
7&8  Left forward shuffle (6:00)

RIGHT TOE TOUCHES FRONT & SIDE, RIGHT SAILOR STEP, LEFT FORWARD ROCK & RECOVER, ¼ CHASSE LEFT
1-2  Touch right toe forward, touch right toe side
3&4  Cross right behind left, step left side, step right forward
5-6  Rock left forward, recover on right
7&8  Turning ¼ left step left side, step right together, step left side (3:00)

Restart here on wall 3

CROSS, TOUCH, CROSS, TOUCH, TOUCH, ½ UNWIND, LEFT SHUFFLE FORWARD
1-2  Cross right over left, touch left to left side
3&4  Cross left over right, touch right to right side
5-6  Touch right toe behind left, ½ right unwind (weight ending up on right)
7&8  Left shuffle forward (9:00)

RIGHT KICK-BALL-TOUCH, LEFT KICK-BALL-TOUCH, TOUCH ½ UNWIND, LEFT SHUFFLE FORWARD
1&2  Kick right forward, step right beside left, touch left to left side
3&4  Kick left forward, step left beside right, touch right to right side
5-6  Touch right toe behind left, ½ right unwind (weight ending up on right)
7&8  Left shuffle forward (3:00)

BRUSH RIGHT FORWARD, STEP, HIP BUMPS, SAILOR TWICE
1-2  Brush right forward, step right to the right
3&4  Hip bumps left, right, left
5&6  Cross right behind left, step left side, step right to right side
7&8  Cross right behind left, step right side, step left to right side

STEP-½ TURN, SHUFFLE FORWARD, STEP -½ TURN, SHUFFLE FORWARD
1-2  Step forward on right, pivot ½ turn left
3&4  Shuffle forward on right, left, right
5-6  Step forward on left, pivot ½ turn right
7&8  Shuffle forward on left, right, left (3:00)

REPEAT

RESTART
On wall 3 dance first 16 count then restart the dance (9:00)