

# Me & You

Choreographed by Renegade Rich & Debi Krajcsovics

Description: 32 count, beginner/intermediate east coast swing partner/circle dance

Music: A Little Bit Of Life by Craig Morgan

Position: Sweetheart position facing LOD. Same footwork

## **STEP, LOCK, SHUFFLE LEFT, RIGHT, LEFT, STEP ¼ TURN, CROSS & CROSS**

1-2-3&4 Step forward on left foot, lock right foot behind, shuffle forward left, right, left

5-6 Step forward on right foot, ¼ turn left on left foot, (both facing ILOD)

*Hands, drop left hands, take Lady's right hand over head, after turning, hands are at waist*

7&8 Cross right foot over left, step left foot side left, cross right foot over left

## **STEP, BEHIND, SIDE, TOGETHER, SIDE, CROSS ROCK, RECOVER, SIDE, TOGETHER, SIDE**

1-2-3&4 Step left foot side left, cross right foot behind left, chasse left, left, right, left

5-6-7&8 Cross rock right foot over left, recover on left foot, chasse right, right, left, right

## **CROSS & CROSS, RIGHT CHASSE, RIGHT, LEFT, RIGHT, CROSS & CROSS, ¼ SHUFFLE RIGHT, LEFT, RIGHT**

*Facing ILOD, while doing 1&2 & 5&6, blade your body slightly right*

1&2-3&4 Cross left foot over right, step side right on right, cross left foot over right, right chasse right, left, right

5&6-7&8 Cross left foot over right, step side right on right, cross left foot over right, making ¼ turn right, shuffle right, left, right

*Hands, drop left hands taking right hands over Lady's head, returning to sweetheart position facing LOD*

## **FORWARD LEFT COASTER STEP, BACKWARDS RIGHT COASTER STEP, HEEL & HEEL & HEEL, & STOMP**

1&2-3&4 Step forward on left foot, step right next to left, step back on left foot, step back on right foot, step left next to right, step forward on right

5&6&7&8 Touch left heel forward, step left next to right, touch right heel forward, step right next to left, touch left heel forward, step left next to right, stomp right foot in place