

# Teddy Bear Squeeze

Choreographed by Dan Albro

Description: 48 count, 4 wall, beginner/intermediate west coast swing line dance

Music: Somebody Needs A Hug by Keith Anderson [CD: C'Mon!]

*START DANCING ON LYRICS*

## **TRIPLE HIPS, ROLL HIPS ¼ & STEP, STEP, SHUFFLE**

1&2 Weight on right bump hips right, bump hips left, bump hips right

3-4 Roll hips around to the left shifting weight to left, continue hip roll shifting weight to right turning ¼ left (weight right back)

&5-6-7&8 Step left back, step forward right, step forward left, shuffle forward right, left, right

## **ROCK, STEP, ½ TURN SHUFFLE, ¼ SIDE SHUFFLE, COASTER STEP**

1-2 Rock left forward, step right back

3&4 Turn ¼ left stepping side left, step right together, turn ¼ left stepping forward left

5&6 Turn ¼ left stepping side right, step left together, step right to side

7&8 Step left back, step right together, step forward left

## **3 STEPS FORWARD, ¼ TOUCH, CROSS, TURN BACK ¾, SHUFFLE FORWARD**

1-2-3-4 Step forward right, step forward left, step forward right, turn ¼ right touching left toe side

5-6 Cross left over right, turn ¼ left stepping right back

7&8 Turn ¼ left stepping side left, step right together, turn ¼ left stepping left forward

## **3 STEPS FORWARD, ¼ TOUCH, CROSS, TURN BACK ½, SHUFFLE SIDE**

1-2-3-4 Step forward right, step forward left, step forward right, turn ¼ right touching left toe side

5-6 Cross left over right, turn ¼ left stepping right back

7&8 Turn ¼ left stepping side left, step right together, step left to side

## **CROSS ROCK, STEP, SHUFFLE, CROSS ROCK, STEP, & CROSS, CLAP HANDS**

1-2-3&4 Cross rock right over left, recover on left, step right to side, step left together, step right to side

5-6&7-8 Cross rock left over right, recover on right, step left back, cross right over left, clap hands

## **& HEEL, CLAP HANDS, & CROSS, CLAP HANDS, OUT, OUT, HIPS**

&1-2&3-4 Step left to side, touch right heel forward angle right, clap, step back right, cross left over right, clap

&5-6&7&8 Step right to side, step left to side, keeping weight on left bump hips left, right, left, right, left

**REPEAT**